

Volkmar ELLMAUTHALER, Dr., Mag.

CURRICULUM VITAE

(current update: September 2016)

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Born in Vienna on May 26th, 1957, Austrian citizen, Dr. and Mag. Phil. married to Birgit (nee Langer), Mag.phil., lives in Vienna. Father: Harald (23.01.1926 – 15.05.2006), Mother: Edith (23.08.1928 – 24.03.2007)

As for the decisive years of early childhood... being born as a single child, still could socialise in a group of children. Various interests were thoroughly detected and encouraged by the parents, consequently encouraged by a decent pre-education:

From the fifth year of childhood, rhythmic, musical theory and the pianoforte with Prof. Paula Winter-Alpenwehr, then being accepted by the Conservatory of Music, Vienna, Austria; further training in Pianoforte with Helene Stadler und Roland Batik, Composition with Prof. Rüdiger Seitz, Reinhold Portisch, and Prof. Kurt Schwertsik, Conducting with GMD Reinhard Schwarz (BRD). Church Organ autodidactical – command: teacher's level.

1975 Graduation at the Unterberger-College (Wien); English Language Diploma (University Ann Arbor, Michigan, USA).

SCIENTIFIC EDUCATION and POSTGRADUATE STUDIES:

1975 Studies in Human Medicine and Musical Theory, Liturgical History and Church Music.

1986 Civilian Service (the Cosmopolitan Ambulance „Wiener Rettung“).

1985-1988 Studies of **Philosophy** und **Medical Psychology**, graduation „with honours“ („mit ausgezeichnetem Erfolg“/ „A-plus“).

1986 Philosophical Privatissimum (6 months) with Univ.-Prof. em. **Sir Karl Raimund Popper**, Dr. phil. in Vienna

1986-1991 Academical education in General and Specific Psychosomatics, with Univ.-Prof. Dr. Erwin **Ringel**, Univ.-Doz. Dr. Peter Gathmann, also with Dr. Gertraud Czerwenka, Dr. Ulrich Kropiunigg and Prim. Dr. Hans Zimprich. Depth Psychology with Univ.-Prof. Dr. Hans **Strotzka** and staff.

Group dynamics (encounter groups, theory of the dynamics in group processes), in alphabetical order, with: Wolf Aull, Dr. Peter Battistich, Dr. Michael Ertl, Dr. Ingrid Krafft-Ebing, Dr. Regina Feindt-Lange, Dr. Waldefried Pechtl, Univ.-Prof. DDr. Hilarion Petzold, Univ.-Doz. Dr. Raoul **Schindler** a.o.

1988 Thesis and 1st University Degree („Magisterium“) „with honours“ („mit ausgezeichnetem Erfolg“ / „A-plus“).

1989 Licensed **Counsellor for Public and Health Affairs**, post graduate trainings as a trainee to be a **Supervisor**: Step by step supervised **Supervision jobs** primarily for hospitals and clinical structures; **personnel resources management**.

1989 Studies with the ethologist Univ.-Prof. Dr. Irenaeus **Eibl-Eibesfeldt** (Laboratories for **Human Ethology** and Biology, Max Planck-Institut, Andechs, **Germany**). Dissertation/Thesis: „Laughing and Crying with respect to the psychosomatic concepts“ (original title: „Lachen und Weinen in psychosomatischer Sicht“) with Prof. Dr. Kurt-Rudolf **Fischer** (USA, A), Univ.-Prof. Dr. Erwin **Ringel** (A).

1990 **Doctor of Philosophy** (secondary: **Medical Psychology**) „with honours“ („mit ausgezeichnetem Erfolg“ / „A-plus“)

1993 and the following years: post graduate trainings in **Psychoanalysis** (the classical one-to-one setting) als well as **groupanalytical Supervision** (the Michael **Balint** concept) with em.Univ.Do. Dr. Raoul **Schindler**, Wien (Vienna, A).

PROFESSIONAL CAREER:

1985-1986 **Manager** of the „Aktion Leben“-Jouth-Organisation, Vienna, later **establishing a network** of counselling offices in Innsbruck and Salzburg (A). Organisation of professional meetings and also a benefit concert in the Mozart-Saal, of the Wiener Konzerthaus; also participating as the conductor and one of the composers.

1986-1988 Co-Trainer with Dr. H.G. Czerwenka during the continual primary and post graduate trainings in **General and Special Psychosomatics**

1988-1997 **Lecturer** at the University Extension (Volkshochschule Urania, Wien-Nordwest, Ottakring, Rudolfsheim, Penzing) and in the Verband Wiener Volksbildung: **Post graduate trainings for lecturers**, preparations for ISO 9000 implementation.

1989/90 **Supervision** and conselling jobs as practical trainings during education.

1990 **Supervisor for one-to-one and group settings** in the clinical field (Univ.-Prof. Dr. Hans **Strotzka**, Wien, A).

Numerous scientific lectures (also at the Universities of Klagenfurt and Graz) for the VÖV and VWV (public educational services). Weekly consultation hour for a vicarage in Vienna; Initiator of psycho-social self-help-groups.

Present: Senior Lecturer on Psychosomatology and Sexual Delinquency (focussing the Molestor's and Survivor's psycho-sociological systems)

Co-Trainer for social and family therapy groups in Wien and some fetheral countries in Austria („Institute for Life-style“).

1991-1998 Member of the Austrian Society of Group Work and Group Therapy (ÖAGG)

Co-author of the ÖAGG-Curricula "**Psychosomatische Medizin**" for Psychotherapists (post graduate trainings).

1992/93 Member of the ÖAGG management as a candidates' representative.

1991-1998 Member of the Austrian Psychotherapy Association (ÖBVP).

1992-1996 **Director** of the Section „*Psychologists, Doctors, Psychotherapists and Counsellors*“ within the Verband Wiener Volksbildung.

Implementation of standards for quality management and qualifikation (interdisziplinäre post graduate trainings and Supervision) according to ISO-9000 within the **Vienna University Extension Organisation**.

1994 **Licensed Counsellor for Public and Health Affairs** due to the new legal norms (legal force: 1994).

1994 **Founder** of the „Institute for violence-free Personality Development and Supervision“ together with a Psychotherapist (Psychoanalytically orientated Social Therapy) and a Gestalt-paedagogue. Until 1997 partner within an OEG, from 1997 on, re-organisation and separation of psycho-therapy for the advantage of **personnel management, supervision and group trainings**.

1994-1995 Network manager („Vernetzungsträger“) for the Austrian Fetheral Government's „Platform Against Sexual Offenders“.

1995-1999 Member of „**Limes**“ (Prävention and Therapy of Sexual Offenders and their Survivors) and in the „Vienna Network“.

1996 Marriage to Birgit Ellmauthaler, Mag.phil., née Langer.

1996-1999 Member of the „Limes“ executive staff, specialisation in the work with juvenile sex offenders, victims therapy and systemical rehabilitation and scientific evaluation of a project within the Court of Justice for Juvenile Delinquencies.

1995 Member of OeGSV, Society of Austrian (academic) Supervisors

1997–2017 Member of the Austrian Supervisors' Society (OeVS), foundation member of ANSE.

Offering post graduate trainings and control supervision to supervisors and trainee-supervisors.

Instructor for Social Counsellors (trainees and post graduate).

2014 accepted as Supervisor and Coach within the Austrian Chamber of Commerce, Vienna.

Accepting ANSE Quality standards.

1997/98 Re-opening the office at the new location in Vienna, with post graduate trainings, counselling and supervision, control supervision and special seminars for both, private and public systems.

1998/99 Implementation of supervision for lawyers / judges in Vienna and a Clinical educational and supervision project.

1998 Coaching and psychosomatological support to flying personnel.

2001 Foundation of “editionL” – for scientific and cultural publishing

2003 (and following): self-employed work in Wiener Neustadt, south of Vienna, Austria.

2004 (and following): expert opinions on issues of Medical Psychology

2007 Change of name from former “helpsv.com” to “medpsych.at”

Focusing Medical Psychology, QM, HRM, work as a Consultant, Academic Supervisor, Consultant in health-projects for employees.

2008 New location in Vienna-Essling. Project work. Office.

2009 Teaching tasks for universities in Graz, Klagenfurt and Vienna

338,5 ECTS for the new EU-Diploma as an „Erwachsenenbildner“.

2011 Publication of roughly 120 scientific works –and rezensions as well as pieces of music – editionL.

2012 Publication of scientific books (see following pages)

2012-13 Seminars at the University of Applied Sciences, Sankt Poelten GmbH

2014-15 Member of the Vienna Team of OeVS, the Austrian Society of Supervision and Coaching, focusing organization supervision and academic training for supervisors.

2015 Member of the expert group for Quality Management in the Austrian Chamber of Commerce, WKO (“Fachgruppe Wien der Personenberatung und Personenbetreuung“).

2016 Accreditation as an **Expert in Distress- and Burnout-Prevention**, in addition to **Supervision** by WKO

2017 Accreditation as INF-FNI CC member and Head of the Bureau of Ethics and Conflict Management

Summary of „ehrenamtlicher“ (free-of-charge) volunteer jobs since 1975:

Krankenhaus des Göttlichen Heilandes – six years of qualified assistance on the wards and operation theatres during periods of semester (term) break, in February und every 6 weeks in Summer,

Vienna University of Medicine (Clinics) – before: University of Vienna, Department of Clinical Medicine
Catholic Parish in Schwechat – cost-free supervision of the social project „Zirkelweg“ and caring for

Refugees (families) of the mentioned project in a therapeutic project of the „Institute for Lifestyle“ in Wiener Neustadt, Neukloster.

Institut für Lebensstil (Institute for Lifestyle) – Co-operation in leading functions, 6 years, every summer
Pfarre der Redemptoristen, Marienpfarre, Wien: Co-operation and Choir, appr. 15 years from 1981

Pfarre St. Josef Wien-Essling: Free Counseling hours every Montag 6 – 8 p.m. Medizinische Psychologie (Medical Psychology, Psychosomatics) – since 2008, from 2014 on demand

Confession-free counselling (for free).

Refugees' assistance (NGOs) – for free, September 2015 – February 2016 in two Refugee Camps, Vienna

Supervision, Burn-out-Prevention for helpers, ad-hoc-Micro-Interventions for newcomers (refugees and assistants, non-professionals, professionals)

Career as a MUSICIAN:

1982 Organist at St. Leopold's On the Mountain.

1983 Studies with Herbert von Karajan in Salzburg.

1984/85 Finals as a Choir master and conductor, musical theory, musical history and Organ music at the Conservatory for Church music in Wien.

until 1988 Director of Church music at Taborpfarre in Wien-Leopoldstadt with presentations in the Austria Radio and Konzerthaus. Choir-master of the Wiener Singgemeinschaft and the Municipal Choir, Klosterneuburg.

1988-1990 Teacher at the Albrechtsberger-School of Music, Klosterneuburg, A (Organ and Counterpoint).

1989-1992 Seminars for Choir composition at the Wiener Summer seminar for Contemporary Music,

1991 member of the Jury.

1990 Member of the Authors- and Composers' Association (AKM), Association of Composers in Lower Austria (INÖK), Klosterneuburg Composers' Club (until 1998) and member of the Austrian Authors' Association.

1989 Prize holder of the international "Concorso Olivier Messiaen" for Organ Composition, Bergamo, Italy, for Voice and Organ.

COMPOSER:

About 30 registered works, such as Chamber music, Church music and Songs.

TATJANA Op 5 for Flute traverse and Pianoforte

NE 22005

Heil'ges Kreuz, sei hoch verehret - in: A CAPELLA, Chormusik aus Niederösterreich

NE 1003

Vier Rilke Lieder Op 12 for Soprano and Organ

NE 32001

Children's Mass

editionL 2011

Seven Rilke Songs for Voice and Continuo

editionL 2012

AUTHOR:

Short prose and lyrics.

RECENSIONS of scientific and art publications

since 1996

Publications in "Literatur aus Österreich"

until 2001

Drei Erzählungen. (Three Short Stories) Österr. Literaturforum, Krems-Wien

OeLF 2001

Aufwind. Phantasiestücke (co-production with B. Langer)

editionL 2001

SCIENTIFIC CONTRIBUTIONS (English versions on demand):

Lectures on Medical Psychology. Wien, Klagenfurt:

1990-1995

Lecture at the 9th Symposium of Steyr, Upper Austria (VWV)

1996

(On the subjective Truth in Applied Physiology
and in Functional Models of the Radical Konstruktivism)

Lecture for the "Karl Popper-Gesellschaft" (Constructivism and Popper)

1996

Documentation on **Postgradual education for lecturers** (VWV)

from 1992

Group-regulatory Effects in Psycho-social Systems

(on the „1st international Congress on Juvenile Sexual Delinquencies“)

1998

100+ Articles on Psychosomatic topics (online)

1999

Lachen-Weinen. Versuch über ein angeborenes psychosomatisches Regulativ.

195 Seiten, 18 graph. Darst., 165 Fotos, 7 Bildtafeln editionL 2012 2nd edition: editionL 2014
(published in German, containing 2 abstracts on Mirror Neurons in English)

Further books (scientific books, and workbooks for the usage in University lectures):

Supervision (2012)

editionL 2012

Sexual Delinquency (3rd ed. 2014)

editionL 2014

Summary of publications see:

<http://medpsych.at/bibliografie-ell.pdf>

<http://medpsych.at/Buecher.pdf>

References (prior or present lecturerships):

Verband Wiener Volksbildung, Vienna

University of Vienna

University of Fine Arts and Music, Graz

Alpe Adria University, Klagenfurt

University of Applied Sciences, Sankt Poelten

http://medpsych.at/LV_Basisinfos-VO-SE-2012-16.pdf

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